



ALCOHOL, HIV AND AIDS AND GENDER

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IS THERE A
RELATIONSHIP?

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A balance scale is shown against a dark brown background. The scale is tilted to the right, indicating the left pan is heavier. The word "YES" is written in large, white, bold, sans-serif capital letters on the left pan. The right pan is empty and lower. The scale's beam and central pillar are also visible.

YES

Support for Addictions Prevention And
Treatment in Africa

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- Even at low levels, alcohol can increase HIV exposure because drinkers more often engage in unsafe sex.
- Alcohol use before sex increases the risk of casual sex by 40% (Seage, 2002)
- Women who have been drinking have 79% greater risk of contracting an STI (Diclemente, 2002)

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- African women who drink are more likely to trade sex for alcohol, drugs or money (Jemmot, 2003)
- In Kenya, the amount of alcohol consumed directly correlates with HIV positivity (Hargreaves, 2002; Ayisi, 2000)
- HIV is associated with other STI's in Kenya (Auvert, 2001) and alcohol use increases the risk of STI by 2-17 times (Logan, 2002)

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- Having an STI increases the risk of both transmitting and acquiring HIV (Inst of Med, 1997)
- Alcohol by itself depresses immune function.
- Alcoholics have lower CD4 cells and CD8 cells than healthy subjects (Barve, 2002)
- Alcoholics have worse adherence with medication and worse outcomes of treatment (Golin, 2002; Murphy, 2002; Howard, 2002; Lucas, 2002)

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HOW IS SAPTA
ADDRESSING THIS
CHALLENGE?

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- Partnering with Population Council and MSF in training VCT counselors in screening and referral for alcohol in VCT service provision
- With help from PEPFAR through AED, training addictions counselors in integrating HIV counseling in addictions service provision in Nairobi and Mombasa

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- Providing clinical consultation in integration of HIV in addictions programming with 10 addiction treatment providers in Nairobi and Mombasa.
- Training outreach workers in alcohol and HIV and AIDS.
- Draft document in best practice in integration of HIV and AIDS in addictions programming

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THANK YOU.

