

Presentation Title ;

**A Community Model for Alcoholic Anonymous
Groups**

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Project site;

Busia, kenya

Introduction

- ▶ A Community Model for Alcoholic Anonymous Groups was initiated August, 2006 in collaboration with care and support cluster in Busia, Kenya a project under FHI/ROADS,
- ▶ The high incidence of Alcohol/Drug abuse among the HIV/Aids positive clients.
- ▶ Reports at ART clinics, concerned family members and Home based caregivers noted non adherence.
- ▶ Proximity to the border environment has facilitated alcohol, Bang etc.. abuse with minimal government restriction.
- ▶ Its big challenge to both sides Kenya as much Uganda.
- ▶ Many Kenyans cross over to Uganda to consume illicit alcohol , that resulted into a horrible Socio-economic and family instability and

Key program activities

- ▶ AA groups meet every Friday at the cluster office in the mission compound
- ▶ Through these meetings, members are encouraged to share and support each other in their various problem as far as alcohol and drug abuse are concerned.
- ▶ Guest speakers are invited to talk to them on various subjects; Medical, psychiatry department, social workers, spiritual leaders, administrators etc.

Results/ accomplishments

- ▶ Established one AA group, one alteen and one alnon.
- ▶ 50 people to various rehabilitation centers in the country
- ▶ Sensitization programs in primary, high school and the general community.
- ▶ Twenty (20) HIV/AIDS positive people have been assisted and have stopped consumption of alcohol in the municipality

Objectives

- ▶ To sensitize youths, HIV/Aids clients , and the general community within Busia municipality on the ills of alcoholism and drug abuse.
- ▶ To expand on the existing AA group reach to other vulnerable communities in Busia Municipality through formation of the AA groups, alteens and alnons.
- ▶ To refer and treat alcohol and drug dependant person in the rehabilitation centre.
- ▶ To supervise and initiate more A A group's, Alteens and Alnon in Busia Municipality.

What has surprised us during implementation of the project

- ▶ That some addicts who are on ARVs, sale food, personal property and drugs secretly in exchange of or buy alcohol.
- ▶ Some people identified for the program they do not take it seriously, besides they expect to be paid imagining it in a kind of employment or away earning income.

Critical steps/tools/process you would definitely do again

- ▶ Thorough sensitization and trainings in alcohol and drug abuse.
- ▶ Involvement of stake holder in the district (health, education, administration, brewers, family members)
- ▶ Trace study
- ▶ Organize out-reach activities in area drug abuse
- ▶ Provide alternative means of leisure and income generating activities.

What have you learnt that you would not do again

- ▶ We started AA groups before identifying and involving all stakeholders.
- ▶ Funding: The project did not have any funding so we could not conduct enough trainings.