

Session 7 The Demographic, Health and Socio-economic Effects of the Epidemic.....45 minutes

Step 1 Show **PowerPoint Day 1 Session 7** on the demographic, health and socio-economic effects of the epidemic. As you do so, ask participants if they have any questions about the information on the slides. **(When conducting a country specific training try to incorporate available data from your own local setting).**

Step 2 Have a discussion about the issues and concerns raised in the presentation. Clarify any misconceptions or erroneous

Step 3 End this session by conducting the following exercise known as the "Fishbowl".

Divide the participants into two equal size groups, forming an outer and inner circle, everyone looking towards the inside. Start some music, sing or clap and tell the two circles move in opposite directions. After 10 seconds stop the music and the people from the inner circle turn around face to face with a partner from the outer circle. Each one tells the other 3 new facts they have learned from the sessions today. After several minutes the music continues and the two circles move again.

This should continue until you feel that all participants have listened to a number of partners. The technique is also useful for stimulating an exchange of thoughts on a specific topic.

Title: Prevention Strategies: ABC

Objectives: By the end of this session, you should be able to:

- explain the facts about abstinence;
- describe the importance of being faithful in a relationship;
- explain about condom use.

Purpose: The purpose of this session is to introduce the basic concepts of abstinence, being faithful and condom use.

Time: 2 hours

Session

Overview: 8. The Basic Facts about Abstinence and Being Faithful (1 hour)

9. Condom use (1 hour)

Materials: Newsprint and markers, or board and chalk, masking tape, participants' files, copies of objectives in participants' files, VIPP cards, condoms.

Advanced

Preparation: Prepare two sets of cards for the condom game. Prepare PowerPoint presentation.